

Session 1: Understanding the Promises and the Promiser

Conditional vs Unconditional Promises: See if you can identify which of the following promises are which.

1. 2 Chron. 7:14

2. John 3:16

3. Isa. 43:1-5

4. Isa. 40:28-31

5. Jn 14: 2-3

What do we need to remember about the Promiser?

1. Jere. 29:10-14

2. I Kings 8:22-24, 56

3. Heb. 10:23, 36-36

4. Psa. 145:13

5. Num. 23:19

6. Joshua 23:14-16

Session 2: Principles for Claiming Promises and Why God Made Them.

A. Principles for claiming God's promises

1. Acts 2:39

2. Lk. 24:49; Acts 1:4-5; 2:33

3. Rom. 4:20-21

4. 2 Cor. 1:20

5. Gal. 3:14

6. Mk. 9: 23; 11:24

B. Why God Made Promises

1. 2 Peter 1:3-4

2. Jn. 12: 46

3. Jn. 14:12

4. Jn. 15: 7-8, 11

Session 3: Some examples of God's promises and our responsibility

1. Psa. 85:8

2. Jn. 14:27

3. Gal 5: 22-26

4. James 1:5-8

5. James 1:12, 25

6. John 15:5,7,16

7. John 16:23-24

8. Rom. 8: 28, 32, 34

9. Heb. 13:5-8

10. I Jn. 2:25

Session 4: What is my responsibility when claiming God's promises?

1. 2 Cor. 6:16-7:1

2. Heb. 6:12-15

3. Psa. 106:9-15, 24-25

4. Psa. 119:148

5. I Kings 6:12-13

6. Deut. 26:16-19

7. 2 Cor. 12:9-10

8. I Cor. 10:13-14

9. I Cor. 15:58

Session 5: How do I claim promises for myself?

1. I Jn. 5:14-15

2. Psa. 66:18

3. Mark 11:24-25

4. I Chron. 17:23-24

5. 2 Chron. 6:14-17

6. Psalm 119:38, 41

7. Psalm 119:50, 58

8. Psalm 119: 76, 116

9. Psalm 119:140, 154

10. Psalm 119:162, 170

Tips to remember:

1. Color promises in your Bible to make them easier to find.
2. Select some you especially find meaningful to you and start by claiming one every day for at least a week. Then take another one and do the same. When they become a vital part of your life, you will claim the ones you need when you need them
3. Memorize as many promises as you can. Doing step 2 above will help with that.
4. Share promises with others and how you claimed them. This will encourage you as well as them.
5. Write promises on a piece of paper or sticky note and place them where you will see them regularly. This will help you learn them and will help you claim them. Change them periodically so you will not overlook them, and put them in different places to catch your attention.
6. Claim a promise even when you cannot quote it exactly as it is written in the Bible.
7. Read a number of promises on a regular basis to help store them in your mind and heart. This way, the Spirit will have more to bring to your mind when you need them.
8. Be creative in how you share promises with others, such as on a facebook posting, at the end of an email or letter, etc.

OTHER IDEAS: